

# Ahfachkee School Character Education Monthly Newsletter



March 2024

Greetings Parents and Guardians:

It is time again for our monthly Character Education Program Student of the Month. Each month this school year through May 2024, all of our teachers will be identifying only one of their students who has best demonstrated the trait for that month. These students will be recognized with a certificate from Mr. Baer, our Principal, for their accomplishment.

Self-Control is the character trait for the month of March. Self-Control is the ability to be in control of your actions so that you can make positive choices that benefit you and others. To be successful, our children need to learn from their experiences and develop self-discipline, which will help them keep their impulses and feelings from controlling them. Self-Control is a practical skill that gives our children tangible benefits in their lives and in their relationships with others.

## Personal Thoughts for Parents:

- In what ways do I show self-control?
- In what areas of my life is it hard for me to be self-controlled? Why?
- What can I do to be more self-controlled?

## Modeling Moments:

DISCUSS with your child the areas of your life where you show self-control.

ADMIT to your child when you do not show self-control.

CHALLENGE yourself and your child to be more self-controlled in areas where it may be hard.

## Dinner/Car Discussions:

- Have each family member explain ways that he/she has shown self-control that day.
- Have family members share about times when they did not show self-control.
- Have family members explain some of the benefits of showing self-control.